

SODC INSIDER

Your Smile Costs Less
Than You Think –
Help Train Future
Dental Professionals

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THE ROOT OF THE MATTER:

Canadian Dental Care Plan (CDCP) vs. SODC Client Care Services

The **Canadian Dental Care Plan (CDCP)** is a new federal program providing subsidized dental coverage for eligible Canadians without existing insurance. It covers exams, cleanings, fillings, and root canals, with costs shared based on income. As of early 2026, the Canadian Dental Care Plan has completed its phased rollout and is fully operational, with no specific priority groups remaining for application.

Eligibility: Income under \$90,000, no other dental coverage, Canadian residency, and filing taxes.

Coverage: Preventive, diagnostic, and basic restorative care; cosmetic procedures and implants are generally not included.

How it works: The government pays a portion of costs depending on income, and you can visit any licensed dentist reimbursed under CDCP rates. (Canada.ca)

SODC Client Care Services is a student-run clinic that offers low-cost dental services while helping future dental professionals gain the hands-on experience they need. By visiting, you're not just taking care of your smile—you're paying it forward and supporting students as they build confidence and skills for their careers. Call us at 905 304-4706 to book now.

Affordable Annual Rates: Adults: \$50 – Children under 12: \$25 unlimited visits annually.

Services Include: Professional cleaning, X-rays, whitening, sealants, sports guards & fillings (additional fee).

How it works: Every visit helps students practice real-world dental care in a supervised, supportive environment—so you leave with a healthier smile and the satisfaction of helping the next generation of dental professionals succeed. Each appointment can take up to 3 hours. Book an appointment online through our website.



BE THAT PERSON THAT PAYS IT FORWARD

By choosing Southern Ontario Dental College for your oral health needs at a significant discount, you're giving back to the community by helping students gain vital clinical experience.

By seeking care at SODC, you are directly investing in the future of Ontario's oral health care providers.

Interested in becoming a client at SODC? Call us at 905 304 4706

The Faces Behind the Front Desk



STAFF SPOTLIGHT

Clara P.

Hi my name is Clara. I have been at Southern Ontario Dental College since 2019. I am your first impression when you arrive at SODC and the first person you speak with on the phone when wanting to apply to a program or become a client for a student. I am always eager to help and make your time here as a student memorable and positive and informative for those that would like to become clients for the student.



STAFF SPOTLIGHT

Paul C.

Professional career covered a period of 38 years, and included positions of Client Relations manager, Supply Chain manager, and Quality Assurance manager, working for O. C. Tanner Recognition Company in Burlington and Emerson Canada (Asco Numatics division) in Brantford. Other work skills and experiences included ISO 9001 Lead Auditor and Health & Safety certifications and team member.

I Volunteered as Lead Organizer for Help A Child Smile Christmas event for 25 years. I am retired from full time employment in March 2025 and began working part-time at SODC in June of 2025 as receptionist/office administration. Duties include answering and directing telephone inquiries, interacting with students and clients, processing payments, processing client charts, and various other duties.

My interests/hobbies are cooking, reading, writing, art, and I love sports and fishing. I am married to Saralyn and have 5 children that live from one coast of Canada to the other.

Beyond the OP

Q: In what ways does serving real patients from the community prepare students better than classroom learning alone?

A: Working with real people prepares our students beyond the classroom. While books, phantom heads, and typodonts build clinical knowledge, becoming a successful dental professional requires strong people skills. The 85/15 rule suggests that success is 15% clinical knowledge and 85% the ability to work effectively with people. Real patients have emotions, reactions, and individual needs—including saliva, gag reflexes, and varying attention spans—that simulations cannot replicate. Managing these human factors is one of the most challenging and essential skills in dental care. At the same time, patients benefit by receiving affordable care that helps maintain their oral health and overall well-being.

Q: Why does working with real patients matter for building communication, empathy, and trust?

A: Learning how to work with people is essential because every individual is different. Managing various personalities and behaviors is often more challenging than mastering technical skills. Communication includes both verbal and nonverbal forms. Verbal communication is easier because it is direct and clear, while nonverbal communication requires careful interpretation of body language and subtle cues. Understanding others is a learned skill. Once mastered, it helps clinicians build trust—because people don't care how much you know until they know how much you care.

Q: What role does immediate feedback play in helping students improve their techniques?

A: Immediate feedback from both patients and instructors is essential. It allows students to reflect, adjust their thinking, and refine their actions. By responding to constructive feedback, they can correct mistakes promptly and progress more efficiently toward higher levels of skill mastery.

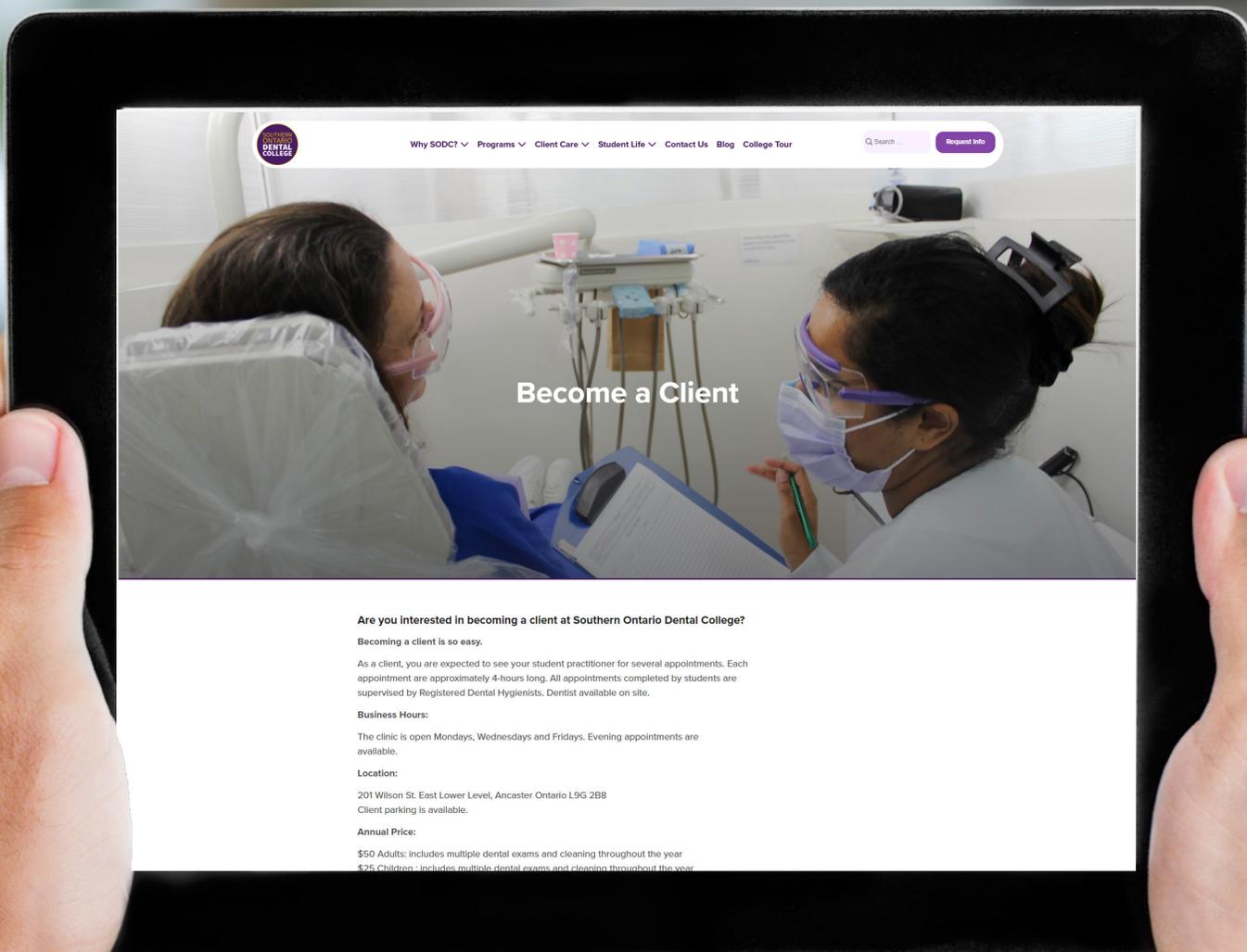
Dr. Roland Estrabillo, DDS
Dean and President



Interested in becoming a Client?



Connect With Us!



Are you interested in becoming a client at Southern Ontario Dental College?

Becoming a client is so easy.

As a client, you are expected to see your student practitioner for several appointments. Each appointment are approximately 4-hours long. All appointments completed by students are supervised by Registered Dental Hygienists. Dentist available on site.

Business Hours:

The clinic is open Mondays, Wednesdays and Fridays. Evening appointments are available.

Location:

201 Wilson St. East Lower Level, Ancaster Ontario L9G 2B8
Client parking is available.

Annual Price:

\$50 Adults: includes multiple dental exams and cleaning throughout the year

\$25 Children: includes multiple dental exams and cleaning throughout the year

**CALL US AT
905 304 4706
TO BECOME
A CLIENT**

STUDY TIP OF THE MONTH

One Improvement at a Time:

At the end of each clinic session, take a moment to reflect on one thing that did not go as planned. This could be related to operatory setup, patient management, technique or time management. Instead of dwelling on the errors you received, identify what caused it and focus on what you can do to grow from it for your next session. The goal in clinic is to learn and grow from your mistakes, not to be in an "error avoiding" mode. Don't be afraid to ask your instructors for advice on how you can improve, we were all in your shoes at some point and we all continue to learn from our mistakes. Clinic is where skills are built through experience, and progress happens when each session improves on the last. In my eyes, the goal is not perfection, but competence and constant growth!

Dani Amanouail, RDH
Dental Hygiene Clinical & Theory Instructor

EVENTS AT SODC

MARCH 5 - DEADLINE TO APPLY TO DENTAL HYGIENE PROGRAM

MARCH 7 & 8 - SUPPLEMENTAL COURSE IN ORTHODONTIC PROCEDURES

MARCH 13 - DEADLINE TO APPLY TO DENTAL ASSISTANT -
LEVEL I & II PROGRAM

★ Your Feedback Matters ★

If you had a positive experience at Southern Ontario Dental College, please consider leaving a Google review. It helps us improve and reach more future professionals.