

SODC INSIDER

Invest in Yourself:
Financial Aid That
Works for You

In this issue:

- Don't Let Money Hold You Back:
Unlock Your Future
- Staff Spotlight
- Beyond the Op with Dr. E
- SODC Events

THE ROOT OF THE MATTER:

SUPPORTING YOUR PATH TO SUCCESS: FINANCIAL AID OPTIONS FOR YOUR EDUCATION

We're Here for You

Choosing your future shouldn't come down to money alone. Your goals, passions, and interests matter—and you deserve to go after the path that excites you. If finances feel like a barrier, support is available to help you make it work.

You're not alone—and you don't have to figure it out by yourself. Our Financial Aid Department is here to support you with payment arrangements and personalized guidance based on your situation.

Whether you need help understanding your options or navigating financial support resources, our team is ready to help make your education more accessible and less stressful.

Paying for college often means combining a few different options—like government student loans, scholarships or bursaries, personal savings, RESPs, Lifelong Learning Plan, Employer & Union-Sponsored Education Programs or student lines of credit. Our team can help you understand what's available and find the right mix for you.

Reach out today to explore your options and stay on track with your academic goals.

Visit the Financial Aid Office

Contact us at: financialaid@sodentalcollege.com

Call: 905 304 4706

Your success matters, and we're here to help every step of the way.

Financial assistance may be available for those who qualify and apply to our Dental Assistant – Level I & II, Dental Hygiene and Restorative Dental Hygiene Program.





STAFF SPOTLIGHT

Lisa-Marie J.
Financial Aid Officer

Hi, I am excited to be joining SODC as a Financial Aid Officer. I am new to the college, but I've worked in the financial aid field for the past 9 years. Over that time, I've helped students understand their funding options and supported them through the financial aid process. I enjoy making things clear and manageable so students feel less overwhelmed.

I am looking forward to getting to know everyone and being part of the team. I'm here to help and support students however I can.



STAFF SPOTLIGHT

Saralyn C.
Financial Aid Officer

Since joining the college in March 2022, I've enjoyed helping students navigate financial aid and ensuring they're set up for success—including coordinating textbook orders and distribution.

Before this role, I spent 30+ years in account management, with a background in corporate events and party planning, where building relationships and supporting clients were at the heart of my work—something I continue to value in my role today.

When I'm not at work, you'll likely find me at the theatre, on the pickleball court, or serving my church community. I'm part of a blended family, and I am married to Paul—better known as “the Monday guy” here at SODC.

I am so excited to have Lisa-Marie join the Financial Aid team.

Beyond the OP

Q: What makes now a good time to invest in a career in the dental profession?

A: Now more than ever is the ideal time to invest in becoming a dental professional. In this role, we have the unique opportunity to make a meaningful impact by helping individuals improve not only their oral health, but their overall health and well-being. As dental professionals, we play a vital part in prevention, education, and early intervention, all of which contribute to healthier communities.

Q: How can students make the most of their time in the program to ensure they're setting themselves up for strong financial outcomes after graduation?

A: The most important thing for a student is to become the best learner they can be. Gaining a strong understanding of the dental profession will enable them to develop and confidently perform essential clinical skills that play a critical role in improving patients' oral health. It is well established that oral diseases are closely linked to systemic conditions such as heart disease, stroke, and preterm birth, highlighting the importance of high-quality dental care.

Q: How do you see the role of dental professionals evolving, and how does that add to the long-term value of this education?

A: Now more than ever, dental professionals are at the forefront of healthcare, playing a key role in helping individuals improve both their oral health and airway health. These areas are increasingly recognized as essential components of overall health and well-being. By identifying concerns early, providing preventive care, and supporting long-term treatment, dental professionals help reduce the risk of more serious systemic conditions while also improving patients' daily comfort, breathing, and overall quality of life.



Dr. Roland Estrabillo, DDS
Dean and President

START YOUR CAREER AT SODC DISCOVER THE PATH BEST FOR YOU



SOUTHERN
ONTARIO
DENTAL
COLLEGE



DENTAL SCHOOL OF YOUR CHOICE
**DOCTOR OF DENTAL
SURGERY** 4-YEARS



THOMPSON RIVERS UNIVERSITY ARTICULATION AGREEMENT
**BACHELOR OF HEALTH
SCIENCES** PLAR + ADDITIONAL 66 CREDITS
= 4-YEAR UNDERGRAD



SODC
**RESTORATIVE DENTAL
HYGIENIST** UPGRADE IN
6-MONTHS



SODC
**SUPPLEMENTAL COURSE IN
ORTHODONTIC PROCEDURES**
UPGRADE IN 2-DAYS



SODC
DENTAL HYGIENIST
IN 22-MONTHS



SODC
DENTAL ASSISTANT
IN 10-MONTHS





THE TOOTH TRUTH FILES

Life at Southern Ontario Dental College



I'm Bansi S, a Registered Dental Hygienist and SODC alumni (Class of 2023).

After graduation, I worked in corporate settings and as a temp Dental Hygienist across multiple offices in Hamilton and nearby areas. I am currently practicing in a private clinic, providing personalized patient care with confidence.

Being a dentist from India has always driven me to grow further, and I am proud to share that I will be joining dental school in September 2026. This would not have been possible without the strong clinical foundation and mentorship from SODC faculty.

Advice to current DH students and new graduates:

Embrace every opportunity to learn clinical skills, professionalism, and patient communication are equally important. Approach clinical requirements not as tasks, but as meaningful patient care experiences. Ask questions to staff freely and stay engaged with peers. Faculty at SODC are incredibly supportive and always willing to help.



STUDY TIP OF THE MONTH

The Power of Cue Cards

For subjects like **Oral Pathology**, where visual recognition and complex terminology are key, I highly recommend students utilize **Cue Cards**.

While they require an initial time investment to create, the process itself is a form of active learning—you are studying the material the moment you start writing it down. These cards become even more powerful when used for peer review; quizzing each other helps solidify difficult terms and images far better than solo reading. This method has proven successful for many of my students, and I encourage everyone to give it a try!

Debbie Love, RDH

Dental Hygiene Theory and Clinical Instructor

EVENTS AT SODC

MAY 4 - DENTAL HYGIENE
APPLICATION WINDOW
NOW OPEN

MAY 4 - START OF RDHP 4

MAY 10 - HAPPY MOTHER'S DAY

MAY 18 - HAPPY VICTORIA DAY

MAY 20 TO 21 - NATIONAL DENTAL HYGIENE CERTIFICATION
EXAMINATION (NDHCE)

★ **Your Feedback Matters** ★

If you had a positive experience at Southern Ontario Dental College, please consider leaving a Google review. It helps us improve and reach more future professionals.