

SODC INSIDER

**Celebrating our
First Anniversary
of the SODC Insider**



In this issue:

- A look back at all SODC Insider issues
- ODAA Conference 2026
- Orthodontic Designation opportunity
- SODC Events
- Study Tips



Care for the front line of oral health

In this issue:

- Get the details on preventive care from SODC instructor Emilie W.
- Beyond the Operator with the Dean of SODC
- Study tip of the month
- Words of encouragement from a Term 2 student
- The unofficial 'Golden Rule' of IPAC
- Events at SODC for September

[FIND OUT MORE](#)

Oral Architecture: The Science Between the Mouth and the Body

In this issue:

- Get the details on anatomy & physiology with SODC instructor Sukhi D.
- Beyond the Operator with the Dean of SODC
- Study tip of the month
- Words of encouragement from a Term 3 student
- The unofficial 'Golden Rule' of IPAC
- Events at SODC for October

[FIND OUT MORE](#)

Confident: The Magic of Orthodontics

In this issue:

- Dive into one of SODC's CE programs: Supplemental Course in Orthodontics Procedures
- Beyond the Operator with the Dean of SODC
- Study tip of the month
- Beginner's experience from a new Dental Assistant student
- Events at SODC for November

VOL 4 | DEC 2025 | DENTAL ASSISTANT - LEVEL 1 & 2

SODC INSIDER

Behind Every Great Dentist: The Vital Role of Dental Assistants

In this issue:

- Dental Assisting: A Smart Path in a Demanding Field
- Faculty Spotlight: SODC's Dental Assistant Instructors
- Beyond the Operator with the Dean of SODC
- Words from a current DA student
- Study tip of the month
- Events at SODC for November

VOL 5 | JAN 2026 | HARP

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The HARP Advantage: Transform Your Skills in 8-Weeks

In this issue:

- Why HARP Certification Matters in Ontario?
- Beyond the Operator with the Dean of SODC
- Study tip of the month
- Congratulations to our newest Graduate!
- Events at SODC for January

VOL 6 | FEB 2026 | RDHP

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Restorative Dental Hygiene: Restore, Rebuild, Redefine Your Dental Career

In this issue:

- The Science Behind the Restoration
- Beyond the Operator with the Dean of SODC
- Study tip of the month
- Welcome new students!
- Events at SODC for February

VOL 7 | MAR 2026 | SODC Client Care Services

SODC INSIDER

Your Smile Costs Less Than You Think – Help Train Future Dental Professionals

In this issue:

- The Canadian Dental Care Plan
- Become a SODC Client
- Beyond the Op with Dr. E
- SODC Events

VOL 8 | APR 2026 | National Dental Hygienists Week

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National Dental Hygienists Week: Guardians of the Gumline

In this issue:

- Celebration Time! Put your Purple On
- A message from SODC's CDHA Rep
- Beyond the Op
- Study Tips
- SODC Events

Arielle F.
SODC's Senior CDHA Rep

VOL 9 | MAY 2026 | Financial Aid

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Invest in Yourself: Financial Aid That Works for You

In this issue:

- Don't Let Money Hold You Back: Unlock Your Future
- Staff Spotlight
- Beyond the Op with Dr. E
- SODC Events

CONGRATULATIONS GRADUATES

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We live for Purple & Gold

VOL 10 | JUNE 2026 | SODC

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The Value of Hands-On Learning

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THE ROOT OF THE MATTER:

ONTARIO DENTAL ASSISTANTS ASSOCIATION



20th

ANNUAL ODAA CONFERENCE

20 YEARS STRONG: LEARNING THAT EMPOWERS

Friday, September 18, 2026

Register for the 2026 Conference to be automatically entered for a chance to win a \$2,000 grant, sponsored by belairdirect!

REGISTER TODAY AT ODAA.ORG

WIN \$2,000!

ODAA



SODC will be attending the conference in-person. Come check out our booth!

Who are the ODAA?

We are the Ontario Dental Assistants Association - the certifying body and membership association supporting Ontario Dental Assistants as respected healthcare professionals. More than 6,000 Ontario Dental Assistants belong to the ODAA.

Website: <https://odaa.org/>



SUPPLEMENTAL COURSE IN ORTHODONTIC PROCEDURES



- ✓ ODAA Quality Assurance Program Approved
- ✓ Graduates are eligible to apply for their ODAA Orthodontic Designation
- ✓ Eligibility begins immediately upon successful completion of the Supplemental Course in Orthodontic Procedures
- ✓ Enhance your credentials and advance your orthodontic assisting career

Next intake: October 3 & 4, 2026
Additional Intake: November 14 & 15, 2026



Are you a Certified Level II Dental Assistant ready to expand your skill set and take your career to the next level? Our 2-Day Supplemental Course in Orthodontic Procedures, approved by the ODAA, is designed to provide dental assistants with practical, focused training in orthodontic assisting.

Build confidence, develop new clinical skills, and expand your role within the dental field by adding orthodontic knowledge and techniques to your professional toolkit.

Invest in your skills. Expand your opportunities. Elevate your role. Join us for two days of hands-on learning designed to help you grow as a dental professional.

CURIOUS ABOUT OUR PROGRAMS? Call us at 905 304 4706

EVENTS AT SODC

SEPTEMBER 7 – LABOUR DAY

SEPTEMBER 8 – WELCOME DH COHORT 37, 38, AND DA 13

SEPTEMBER 18 – ODAAC CONFERENCE

SEPTEMBER 22 – FIRST DAY OF AUTUMN

STUDY TIP OF THE MONTH

A tip that I find works is to set a schedule with an outline (goal) of what you will study(modules, chapters, topics, etc). Plan to study the difficult subjects when you are most alert and in an area that you can focus without distractions. Completing a study goal will give your brain a sense of accomplishment, which will motivate you to continue this routine.

Ruth F, CDAII
Dental Assisting Theory Instructor



Your Feedback Matters



If you had a positive experience at Southern Ontario Dental College, please consider leaving a Google review. It helps us improve and reach more future professionals.